


## FEBRUARY 2010 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Italian Chicken Breast Mixed Veggies Pickled Beets Wheat Bread Peaches, Cookie	<b>2</b> Macaroni & Cheese Italian Veggies Tossed Salad Wheat Bread Jell-O	<b>3</b> Cheeseburger Shredded Lettuce Potato Salad Orange	<b>4</b> Chicken Salad Navy Bean Soup Crackers Diced Pears	<b>5</b> Salisbury Steak Mashed Potatoes Wheat Bread Apricots Pudding
<b>8</b> Hearty Beef & Veggie Stew Marinated Cucumber Wheat Bread Sliced Apples	<b>9</b> Spaghetti W/Meatsauce Salad W/Broccoli Wheat Bread Banana Pudding	<b>10</b> Sweet & Sour Meatballs Rice W/Peas Tossed Salad Wheat Bread Orange Fortune Cookie	<b>11</b> Meatloaf w/ Gravy Peas & Carrots Mashed Potatoes Wheat Bread Diced Peaches	<b>12</b> Chicken Brunswick Stew Rice, Wheat Bread Hi C Salad Pineapple Tidbits
<b>15</b> <b>PRESIDENT'S DAY</b> 	<b>16</b> Turkey Pot Roast Green Beans Sweet Potatoes Wheat Bread Tropical Fruit	<b>17</b> Chili Con Carne Hi C Salad Wheat Roll Diced Peaches	<b>18</b> Cheese Omelet Country Potatoes Dinner Roll Orange Juice San Joaquin Dessert	<b>19</b> Chicken Soft Taco Refried Beans Tossed Green Salad Sliced Apples
<b>22</b> Enchilada Casserole Green Beans Orange Juice Pudding	<b>23</b> Beef Stroganoff Tossed Salad Broccoli Normandy Wheat Bread Apple Sauce Oatmeal Cookies	<b>24</b> Chicken Marinara Tossed Salad Wheat Bread Apple Slices	<b>25</b> Rib b Q Peas Hi C salad Wheat Bread Diced Peaches	<b>26</b> Bean & Cheese Burrito Spanish Rice Salad W/Broccoli Pineapple Tidbits
		Funding through: Fresno-Madera Area Agency on Aging 1% fat milk served with each meal <b>Suggested Senior Donation: \$1.50</b> <b>Non-Senior <u>Required</u> Rate: \$3.50</b> 		